

Tulleys Farmhouse Kitchen Tearoom Recipes

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Flapjacks

INGREDIENTS:

- 225ml (8oz) butter
- 170ml (6oz) syrup
- 170ml (6oz) brown sugar
- 454ml (16oz) rolled oats

BAKING:

Put butter, syrup and sugar into saucepan and stand over low heat until melted.

Stir in oats.

Grease tin and line with greaseproof paper.

Spread mixture into tin.

Put in middle shelf of oven, bake at 160 degrees for 30 minutes.

Remove from tin when cold.

OPTIONS:

For Date flapjacks - add 85g (3oz) chopped dates

Cherry flapjacks - add 85g (3oz) chopped cherries

Sultana flapjacks - add 85g (3oz) sultanas

Choc chip flapjacks - add 85g (3oz) choc chip